



Personal, Social and Health Education (PSHE) and Citizenship Policy

1 Aims and objectives

- 1.1** Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.
- 1.2** The aims of personal, social and health education and citizenship are to enable the children to:
- know and understand what constitutes a healthy lifestyle;
 - be aware of safety issues;
 - understand what makes for good relationships with others;
 - have respect for others;
 - be independent and responsible members of the school community;
 - be positive and active members of a democratic society;
 - develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
 - develop good relationships with other members of the school and the wider community.

2 Teaching and learning style

- 2.1** We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly or open evening, or involvement in an activity to help other individuals or groups less fortunate than themselves. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour.

In the application of this policy the staff's aim is:

To have designed a programme of 1/2 termly citizenship days. The focus of these days is determined by the school council who have a menu of themes to select from. Children are vertically grouped in their colour teams for teaching on these particular days.

3 PSHE and citizenship curriculum planning

- 3.1** We teach PSHE and citizenship in a variety of ways. We use the SEAL curriculum as a basis for our classroom practice.
- 3.2** Some of the time we introduce PSHE and citizenship through other subjects, e.g. when teaching about local environmental issues in geography, we offer



pupils the opportunity to explore who is responsible for the maintenance and upkeep of local parks and cycle paths. We teach a considerable amount of the PSHE and citizenship through our religious education lessons (see RE policy & revised Norfolk Syllabus).

- 3.3** We also develop PSHE and citizenship through activities and whole-school events, e.g. the school council representatives from each class meet regularly to discuss school matters. We offer a residential visit to Kingswood Activity Centre in Key Stage 2, where there is a particular focus on developing pupils' self esteem and giving them opportunities to develop leadership and co-operative skills.

4 Foundation Stage

- 4.1** We teach PSHE and citizenship in reception classes as an integral part of the topic work covered during the year. As the reception class is part of the Foundation Stage of the National Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support citizenship education in reception classes when we teach 'how to develop a child's knowledge and understanding of the world'.

5 Teaching PSHE and citizenship to children with special needs

- 5.1** We teach PSHE and citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. When teaching PSHE and citizenship we take into account the targets set for the children in their Individual Education Plans (IEPs).

6 Monitoring and review

- 6.1** The PSHE and citizenship subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. The subject leader is also responsible for giving the headteacher an annual summary report, evaluating strengths and weaknesses in the subject and indicating areas for further improvement. We allocate special time for our subject leader to enable him/her to fulfil this role by reviewing samples of children's work and conducting drop-in visits to observe teaching in the subject.
- 6.2.1** The PSHE leader is also responsible for maintaining the school's Healthy School status, in this respect (s)he coordinates the work of other subject leaders and keeps the Pupil & Parents Committee fully informed of developments.

Review date: Spring 2010

Signed:

(Chair of Governors)

